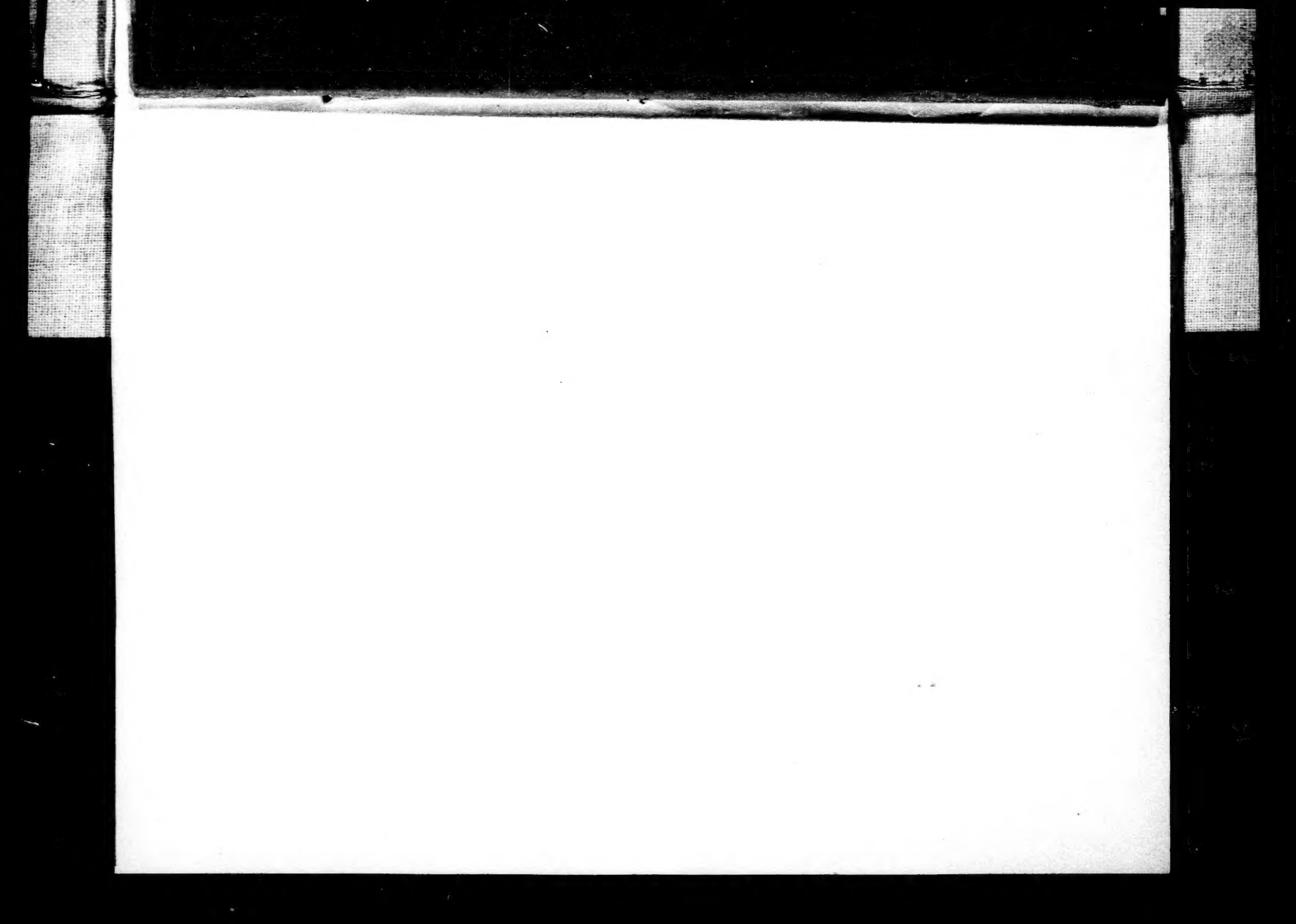

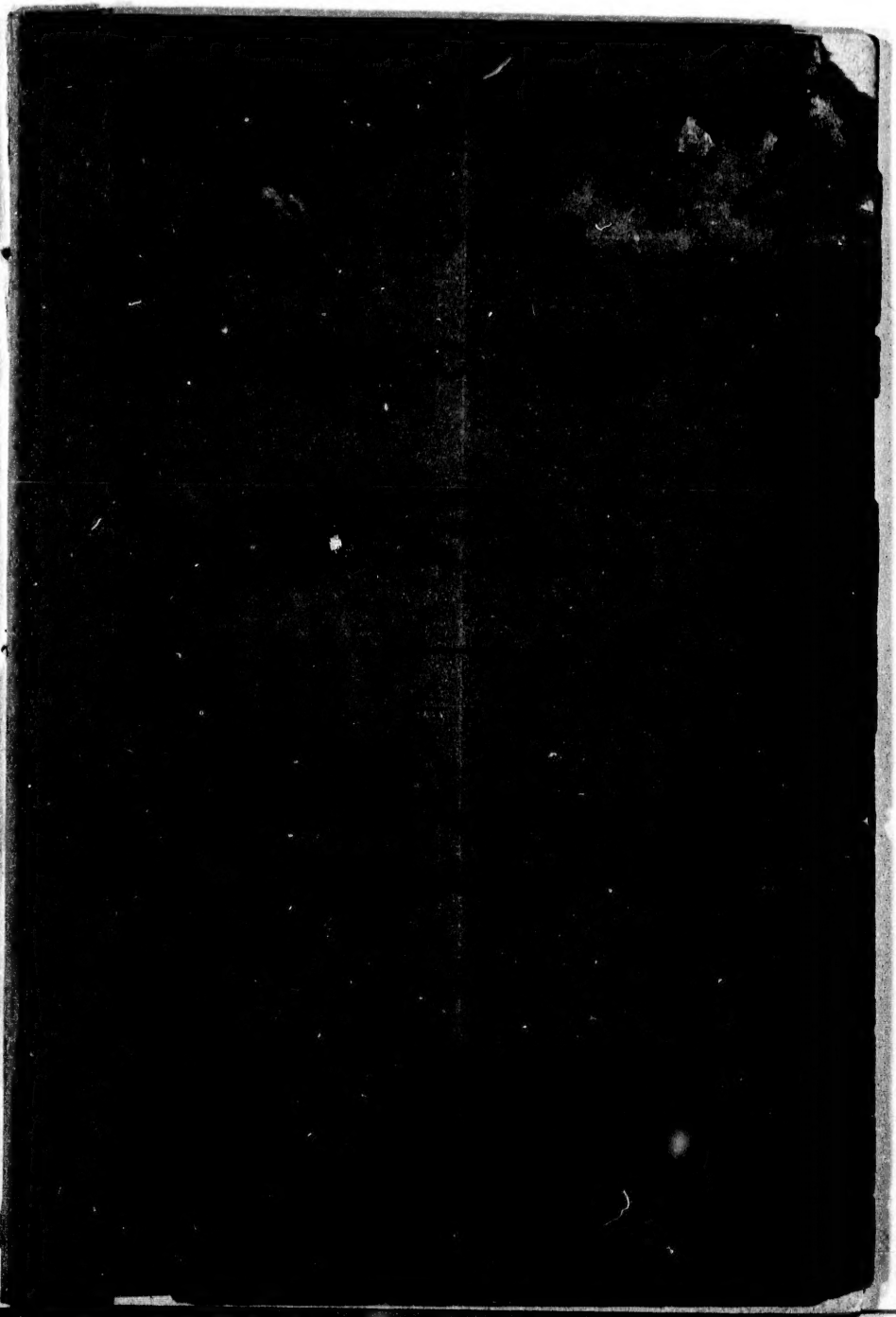

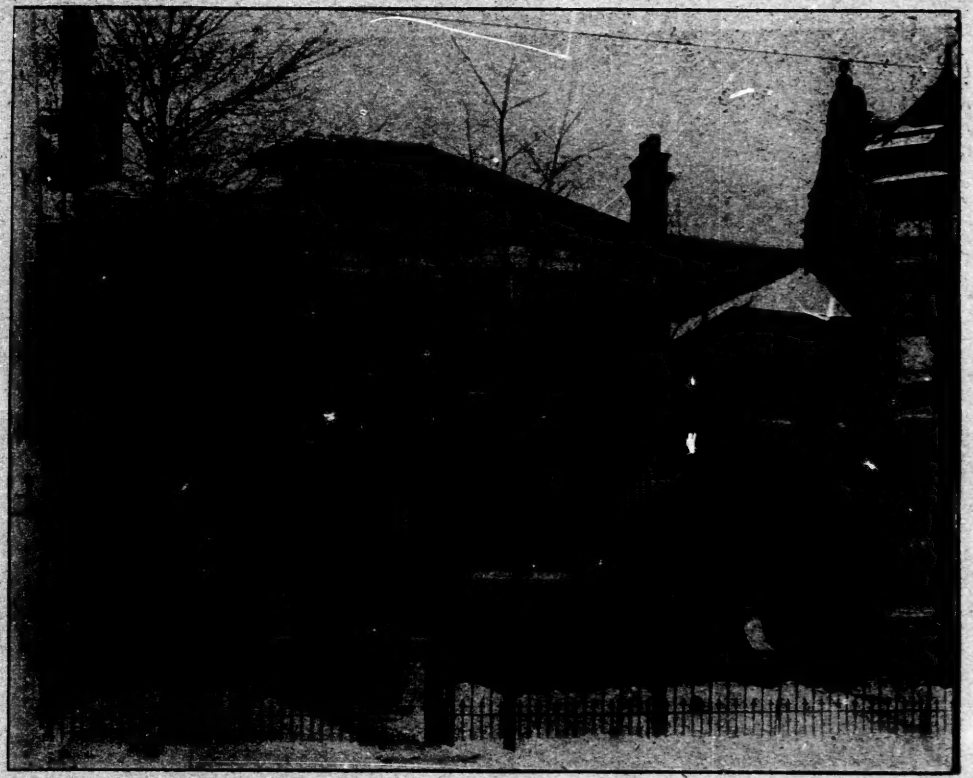

TORONTO ORTHOPEDIC HOSPITAL. (*Taken in Winter.*)

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Toronto Orthopedic Hospital.

TORONTO ORTHOPEDIC HOSPITAL. (Taken in Winter.)

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Toronto Orthopedic Hospital.

MEDICAL STAFF.

CONSULTING STAFF.

Consulting Surgeons:

DR. L. M. SWEETNAM. DR. J. H. COTTON.
DR. S. M. HAY.

Consulting Physicians:

DR. A. MCPHEDRAN. DR. W. J. WILSON.
DR. W. J. FLETCHER.

Consultant on Diseases of the Eye and Ear:

DR. L. LORAN PALMER.

Consultant on Diseases of the Throat and Nose:

DR. PRICE BROWN.

Anæsthetist:

DR. R. A. STEVENSON.

Pathologist:

DR. GEO. A. CARVETH.

ACTIVE STAFF:

DR. B. E. MCKENZIE. DR. H. P. H. GALLOWAY.

LADY SUPERINTENDENT:

MISS L. E. APPLEGATH.

Toronto Orthopedic Hospital.

The Toronto Orthopedic Hospital has been organized for the purpose of providing suitable accommodation and complete equipment for the treatment of the lame, crippled and deformed, and to promote the study and teaching of Orthopedic Surgery. Although starting out with accommodation for a comparatively small number, the hospital is fully equipped for the treatment by the most modern methods of the class of patients for whose benefit it is intended. It is the only hospital in Canada devoted exclusively to this special work, though in England and the United States such hospitals have long been a well-recognized necessity. In opening the hospital the Trustees are aware that doubt may arise in some minds as to the need of such an institution. There is, however, general agreement among those most competent to judge that the whole field of orthopedic surgery cannot be adequately covered in general medical and surgical practice. The strongest proof that such cases have never yet been properly provided for in Canada is afforded by the number of lame, crippled and deformed persons, both children and adults, to be found in every community, who believe that their condition is not susceptible of cure, or even of improvement, because they have been often assured that nothing could

be done to relieve them. In consequence these unfortunates have resigned themselves to the fate of remaining permanently disabled without hope of any relief. Perhaps the most striking examples of this class of cases are furnished by adults who have been born with club-feet, and who have been allowed to grow up with the deformity uncorrected; and by those who have been left disabled or distorted as a result of paralysis or chronic joint disease occurring in early life. Many of these persons are incredulous when assured that their condition may be at least greatly alleviated, and yet there is abundant evidence that the resources of modern orthopedic surgery are equal to the satisfactory correction of club-foot, irrespective of the age of the patient, and to the great improvement of many of the most distressing disabilities resulting from infantile paralysis and diseases and injuries of joints. But the best obtainable results can be secured only as a consequence of wide experience and by means of special equipment; the former is practically impossible without specializing this branch of surgery, and the latter is useless except in conjunction with the former. For while the aggregate number of orthopedic cases is large, relatively these cases are rare. Realizing this, many of the most accomplished physicians and surgeons refuse to treat orthopedic cases, preferring to refer their patients so afflicted to surgeons who give their whole attention to this work.

Besides primary operative surgical treatment, many of the cases require skilful after-treatment by means of mechanical appliances, and numerous cases need scientific mechanical treatment alone. But the full possibilities of mechanical treatment can be realized only by having

the mechanics who make the appliances directly under the supervision of the surgeons who prescribe them, and in the Toronto Orthopedic Hospital this requirement is met by having all the apparatus required manufactured on the premises in well-equipped shops by mechanics who have been specially trained to this work, the surgeons assuming the responsibility of taking measurements, designing the appliances and supervising the manufacture.

Corrective Gymnastics.

There are certain conditions, such as lateral curvature of the spine, round shoulders, flat-foot, relaxation of joints from muscular weakness and paralysis, deformity and imperfect development of the chest due to rapid growth or resulting from disease in early life, that can be much more satisfactorily managed by developmental methods and corrective gymnastics than by any other plan of treatment that has yet been proposed. Until a few years ago these cases, if treated at all, had shoulder-straps, braces and various other mechanical devices prescribed for them; and even yet such means are often resorted to, owing to the fact that the attention of the profession has never yet been strongly enough directed to the possibilities of scientific gymnastic and developmental treatment. It is quite true, however, that the experience of the past decade has abundantly demonstrated the incomparable superiority, in suitable cases of the class just referred to, of the treatment by means of corrective gymnastics.

The final results of this method of treatment are often particularly gratifying because the benefit is not limited to

the local condition: incidentally, the general health of the patient is often immensely improved by the course of physical training.

This, however, is a department of orthopedic practice which especially demands skill and experience, for this means of treatment, infinitely valuable in properly selected cases, is useless or even capable of harm if unwisely employed. To meet the requirements of this work the Toronto Orthopedic Hospital is provided with a gymnasium fitted up for this special purpose, and the best skilled assistance obtainable is employed.

Operating Room.

The operating room is so arranged as to have abundance of light, no matter how dull the day. It is furnished and equipped in such a manner as to meet fully the exacting demands of modern aseptic and antiseptic surgery.

ADMISSION OF PATIENTS.

The hospital is strictly undenominational. Persons of all ages who are lame, crippled or deformed, or suffering from any of the diseases which come within the province of orthopedic surgery, are eligible for admission to the hospital. Cases of a general medical or surgical character will not be received, as these are fully provided for by the various general hospitals.

Private Patients.

A number of private and semi-private rooms are available for patients who desire seclusion during treatment. The charge for these is from $1.00 to $2.00 per day. As it is intended to make the hospital as home-like as possible, arrangements can be made, when necessary, for mothers or guardians to remain with children occupying private rooms.

Public Patients.

The charge for public patients is 40 cents per day. The hospital is by no means a local institution for the benefit of Toronto residents only, but is open to all who need the service it can render, irrespective of place of residence. Any municipality, corporation, society or individual can send patients for treatment in the public wards by paying the above sum. It should be remembered, however, that this amount does not pay the actual cost of maintenance and nursing, consequently patients who desire the use of public beds must furnish satisfactory evidence that they are unable to pay for treatment.

Provision for the Destitute Poor.

It is the desire and intention of the Trustees that all the resources of the hospital shall be available to the poor as well as to those more fortunately circumstanced. To this end really destitute patients will be gladly received and treated with every kindness and consideration, absolutely free of expense for maintenance and nursing and professional services. In exceptional cases even necessary

orthopedic appliances will be supplied free, a special fund having been established for this purpose. But in this connection it must be said that the frequency with which hospital benefits and free surgical skill are sought by persons quite competent to pay for the same, by persons who in many instances go to the hospitals simply to escape paying their regular medical adviser, has grown into a scandal of no small proportions. The Trustees are in possession of facts relating to a number of instances where well-to-do persons came to Toronto expecting to pay their way and prepared to do so, but who were persuaded by friends and others to avail themselves of the public wards of some one of the hospitals and receive free treatment. Almost every medical practitioner in the Dominion could relate similar instances of the abuse of public charity. The injustice of this is apparent when it is remembered how largely hospitals are supported by bequests and public subscriptions. Consequently, while prepared to receive the needy with open arms and a warm welcome, it is from the outset the intention of the Toronto Orthopedic Hospital to prevent, as far as possible, imposition upon its charitable resources. It is hoped that the profession and the public will co-operate with the Trustees and staff in restricting the charitable work of the hospital to the sufficiently large unfortunate class who are justly entitled to it.

Out-patient Department.

The Out-patient Department provides for the treatment of such cases among the worthy poor who apply to the hospital as can be properly dealt with outside of its wards.

This department is open from 1 to 3 p.m. every Monday and Thursday.

IN THE GYMNASIUM, TORONTO ORTHOPEDIC HOSPITAL, CORRECTIVE FORCE IN THE TREATMENT OF SPINAL DEFORMITY.

CLASS IN CORRECTIVE GYMNASTICS, TORONTO ORTHOPEDIC HOSPITAL.

The Consulting Staff.

Ailments other than orthopedic, from which patients who come to the hospital may happen to be suffering, will be treated only under the direction of the family physician or some member of the consulting staff, as the practice of the active surgical staff is limited strictly to orthopedic surgery.

DONATIONS AND BEQUESTS.

Many of the cases requiring orthopedic treatment occur among the very poor, whose insanitary environment and lack of sufficient and suitable nourishment are especially favorable to the development of rickety deformities and tubercular disease of the bones and joints. The treatment of these crippled and deformed patients, many of whom are children, is one of the worthiest charities to which money can be devoted. The struggle for existence is so keen that multitudes find it almost impossible to make a living, though sound of limb and heart and brain. If this be so, what prospect awaits the crippled and deformed, especially when their physical imperfections are made more intolerable by the added legacy of extreme poverty? To assist them in keeping the doors of the hospital open to all whose poverty makes it impossible for them to pay for the services they need, the Trustees will receive donations and bequests of any amount.

The money so contributed will be applied, when requested by the donor, to any of the following funds:

General Fund,
Building Fund,
Endowment Fund,
Orthopedic Appliance Fund.

The General Fund provides for such general expenses in carrying on the work of the hospital as are not fully met from other sources.

The Building Fund provides for improving, repairing and adding to the hospital buildings. As there are manifest advantages in conducting a special hospital of this kind in a group of small buildings, rather than in a large one, it is the intention of the Trustees to adopt the "Cottage plan" in regard to the hospital buildings, and to provide additional accommodation from time to time as it is required and as this fund will warrant.

It will be the privilege of any donor to the Building Fund of a sum of $4,000 or upwards to have the money applied in erecting a building to be known by any name chosen by the donor.

The amount required to provide and fully furnish a bed in the hospital is $50.00. Anyone donating this amount to this fund will have the privilege of naming the bed, the name to be permanently inscribed upon it.

The Endowment Fund provides for the maintenance of patients occupying certain beds to be set apart for the exclusive use of the deserving poor. Beds so endowed shall be suitably inscribed as desired by the donors. The amount required to endow a bed in perpetuity is $2,500. A donor shall have the right to send any poor patient to occupy such endowed bed free.

The Orthopedic Appliance Fund provides for the supply to patients, too poor to pay for them, of the various mechanical appliances required in the treatment of many cases of deformity and chronic joint disease.

The claims of this fund are worthy of strong presentation, and money contributed to it will be expended with the greatest care. With the assistance of an appliance costing a few dollars the lot of many a cripple could be made much more tolerable. Anyone contributing to this fund can rest assured that every dollar so given will be spent in supplying mechanical apparatus to someone absolutely too poor to buy it. And as the appliances are manufactured on the premises the cost will be simply the cost of production.

Donations to Ladies' Committee.

To further assist the charitable work of the hospital the Ladies' Committee will be glad to receive donations of provisions, bedding, linen, dishes, books and periodicals, toys, etc.

RULES AND REGULATIONS.

Rules for Patients.

1. No patient shall leave the hospital, nor the ward to which he or she has been assigned, without permission from the Lady Superintendent.

2. No article of food or drink shall be received by any patient from friends without the approval of the Lady Superintendent.

3. Except in the case of a mother or a guardian occupying a private ward with a child, friends of patients will not be allowed to remain over night without special permission from the Lady Superintendent.

4. Smoking by patients on the premises is positively forbidden.

5. Patients must cheerfully obey the nurse's orders.

6. Patients are forbidden to hold discussions with nurses or other patients regarding treatment, diet, ventilation or any of the rules and regulations of the hospital.

7. Such free patients as are able to do so shall assist the nurses and servants in doing any work about the hospital that the Lady Superintendent may direct.

8. Patients or their friends desiring to make any complaints shall enter and sign the same in a book to be kept for the purpose.

RULES FOR VISITORS.

1. Clergymen of all denominations shall have free access to the hospital wards, but no patient shall be constrained to hear any religious service or reading contrary to his or her desire.

2. Visitors will be admitted to see private patients every day from 2 to 4 p.m. Patients in public wards may be visited on Tuesday, Thursday and Saturday from 2 to 4 p.m. For special visiting privileges on Sunday or at any time outside the regular hours, application must be made to the Lady Superintendent.

3. Visitors must cheerfully yield to the judgment of the surgeons or the Lady Superintendent should they at any

MACHINE SHOP, TORONTO ORTHOPEDIC HOSPITAL

MACHINE SHOP, TORONTO ORTHOPEDIC HOSPITAL.

LEATHER SHOP, TORONTO ORTHOPEDIC HOSPITAL.

LEATHER SHOP, TORONTO ORTHOPEDIC HOSPITAL

time temporarily refuse permission to see any patient whom they consider too ill to be visited.

4. Fruit or luxuries of any kind brought by visitors must not be given directly to patients, but shall be placed in charge of the Lady Superintendent who shall distribute them at her discretion.

5. For reasons that are obvious visitors are required to see the nurse before entering any ward, and at the entrance of the surgeons shall retire, if necessary.

6. No visitor shall come to the hospital who has been recently in contact with any contagious disease, such as diphtheria, small-pox, scarlet fever, measles, whooping cough or chicken-pox. Any violation of this rule will be reported to the Medical Health Officer of the City of Toronto.

The Surgical Staff.

1. The surgeons shall be responsible for the proper treatment of all patients in the private and public wards, and in the out-patient department of the hospital.

2. They shall see that all patients admitted to the hospital or attending as out-patients are properly registered in the books provided for the purpose.

3. They shall, if called upon to do so by the Board of Trustees, give clinical instruction in orthopedic surgery to small select classes of final medical students.

4. They shall attend the Annual Meeting of the Board of Trustees, at which they shall present a detailed report of the work done by the hospital during the preceding year. They shall also attend any of the regular or special meetings of the Board when requested by the President.

5. They shall maintain such supervision of the work in all departments of the hospital as will enable them to make such recommendations to the Board of Trustees from time to time as will secure the most efficient prosecution of the work for which the hospital has been organized.

The Lady Superintendent.

1. The Lady Superintendent shall see that the general supplies of all kinds for the hospital are duly provided, but shall be guided as to the manner of purchase of supplies by direction of the Board from time to time.

2. She shall keep a full and accurate record of all purchases for the hospital made by her.

3. She shall keep a record of all donations of provisions or other articles, reporting the same to the Board of Trustees or Ladies' Committee when called upon to do so.

4. When she is placed in charge of the hospital she shall sign a receipt in a book containing an inventory of the furnishings of the hospital, and keep a record in the same book of all future additions thereto, and of all articles unfit for further use by reason of accident or wear.

5. She shall enter in the Hospital Register the necessary information concerning all patients who are admitted to the hospital.

6. She shall have charge and supervision of the nurses; and shall assist in the management of the training-school for nurses, and in the selection of probationers, subject to such rules as may be adopted by the Board.

7. She shall personally superintend the details of preparation for all operations.

8. She shall see that provisions are properly cooked and punctually supplied, and that there is no unnecessary waste.

9. She shall see that the clothing and effects brought into the hospital by patients on admission are properly cared for while they remain, and returned to them when they are discharged.

10. She shall give such assistance in nursing as her other duties will permit.

The Nurses.

1. The nurses shall be under the general order and direction of the Lady Superintendent, and shall discharge faithfully all the duties assigned to them by her and carry out all directions given by the surgeons.

2. They shall keep themselves neat, clean and properly clothed in the hospital uniform.

3. They shall conduct their work at all times in a quiet, orderly and kindly manner, and shall behave themselves toward their patients with propriety and tenderness.

4. They shall punctually and faithfully attend to all the reasonable wants of their patients, and render them any assistance that may be necessary.

5. They shall not allow food, drink or medicine to be brought into the ward or given to any patient, except such as has been prescribed by the surgeons.

6. They shall enforce orderly, quiet, decent and becoming behavior on the part of all patients under their charge.

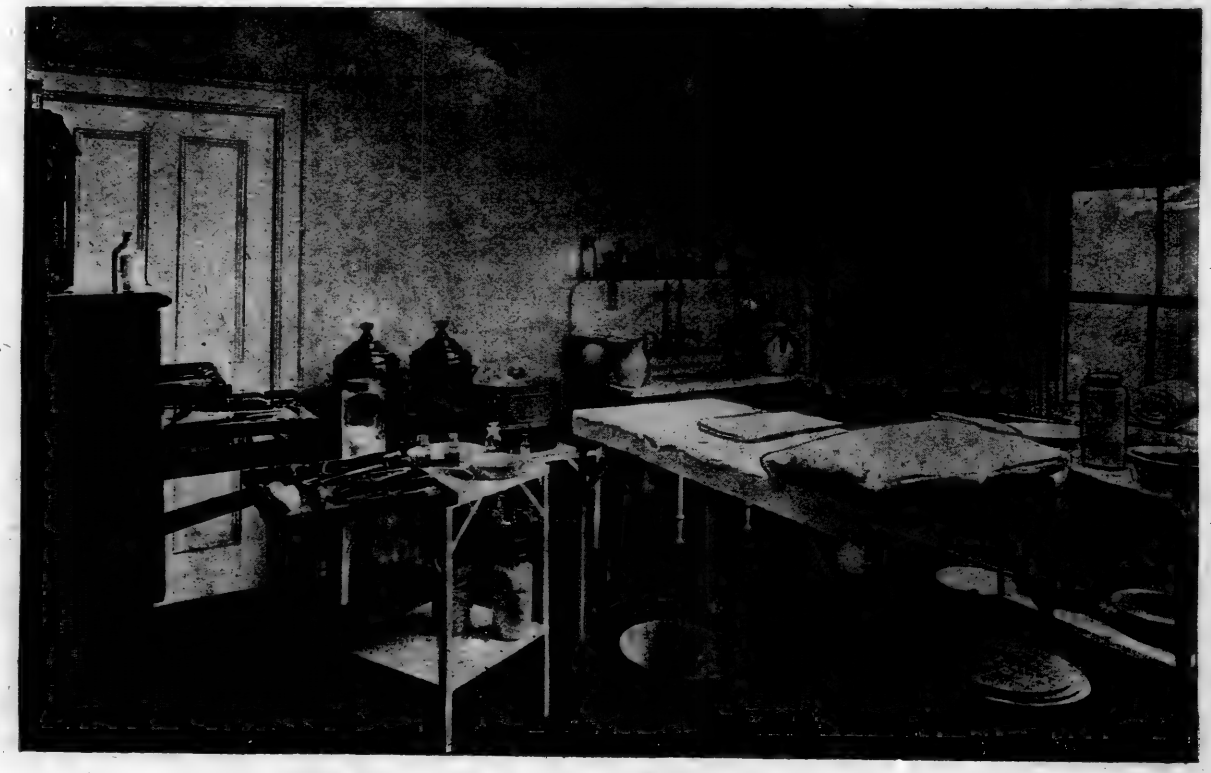
7. They shall see that the plates, knives, forks, spoons,

dishes, etc., used in serving food, or administering drink or medicine, are kept scrupulously clean, and that they are not carelessly broken or injured by patients.

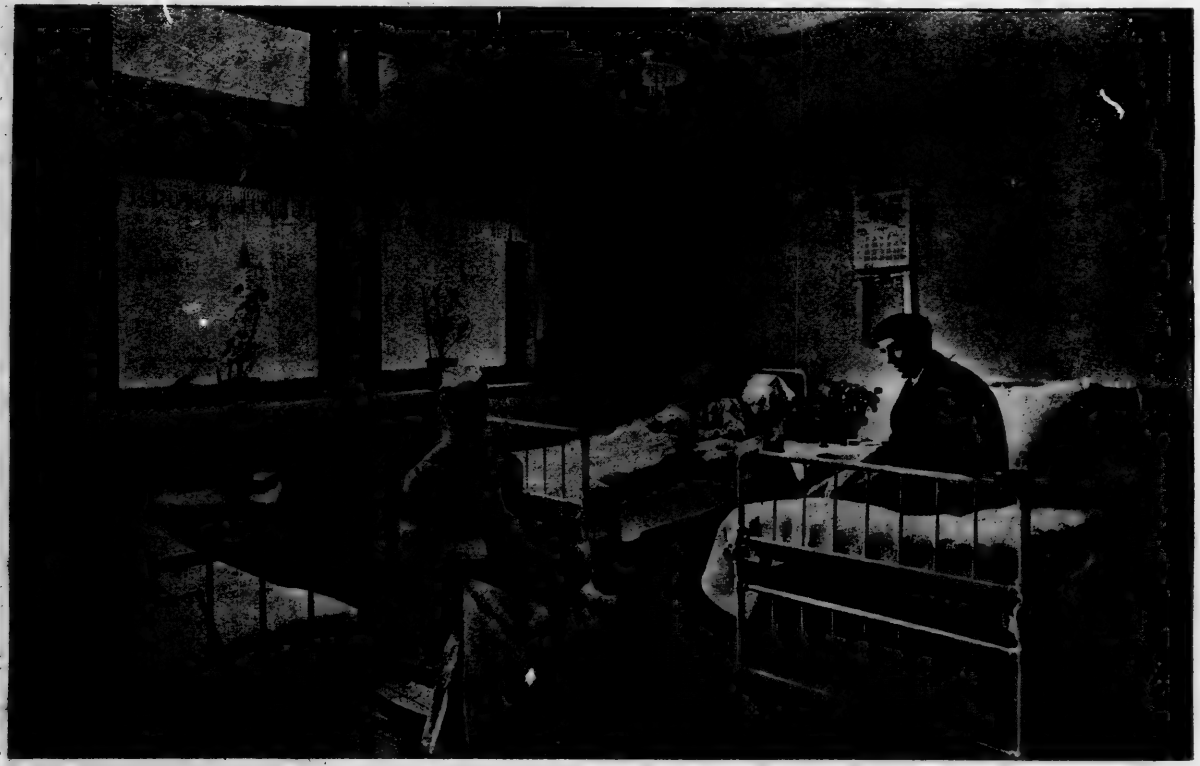
8. They shall not unnecessarily leave the wards when on duty, nor shall they leave the hospital at any time without the permission of the Lady Superintendent.

9. They shall immediately notify the Lady Superintendent of any violation by the patients of the rules of the hospital, or of refusal or neglect to follow the orders which have been given by the surgeons.

10. Nurses are not permitted to receive visitors in the wards, nor at any time when on duty.



OPERATING ROOM, TORONTO ORTHOPEDIC HOSPITAL.



A SEMI-PRIVATE WARD, TORONTO ORTHOPEDIC HOSPITAL.

Toronto Orthopedic Hospital.

CONSTITUTION.

1. The Corporation shall be known as "THE TORONTO ORTHOPEDIC HOSPITAL."

2. The objects of the said Corporation are to afford maintenance, nursing, medical and surgical aid to persons suffering from diseases of the limbs and joints, or who are in any way crippled or deformed, as well as to treat outpatients unable to pay for the same, and further, to promote the study and teaching of Orthopedic Surgery.

3. The said Corporation shall be under the management and control of a Board of Trustees, the number of which shall not be less than seven nor more than fifteen.

4. New members of the Board of Trustees shall be elected by the majority of trustees present at any Board meeting, but only after notice in writing of the intention so to do has been given at the last preceding meeting of the Board.

5. Should any trustee die or resign, or refuse to act, or become incapable of acting, the Board of Trustees may declare such seat at their Board vacant, and fill at the next regularly called meeting of the Board any such vacancy by electing another trustee.

A SEMI-PRIVATE WARD, TORONTO ORTHOPEDIC HOSPITAL.

6. Three members of the Board shall form a quorum.

7. The Board of Trustees and their successors shall have the management of the affairs of said Corporation, and shall appoint all officers or other persons necessary for the conducting of its affairs, and shall from time to time have power to make such by-laws and regulations for the government and management of the Corporation, and rules for the discipline and management of the Hospital as may be deemed advisable by said Board of Trustees, and shall also have power to amend such regulations and by-laws from time to time at any meeting of the Board. Notice in writing of any proposed amendment must be given at the last preceding meeting.

8. The Board shall annually elect a President and Vice-President from amongst its members, and appoint some suitable persons Treasurer and Secretary, or some one person Secretary-Treasurer.

9. The Board shall hold regular meetings for the transaction of business at least once a month, and may hold special meetings whenever required.

10. The Board of Trustees may constitute a Ladies' Auxiliary to assist in promoting the interests of the hospital, and pass such by-laws and regulations for the government of the said auxiliary as they may deem advisable.

11. The foregoing Constitution shall not be altered except at a regular meeting of the Board or at a special meeting called for that purpose. Notice of the proposed alteration must be given at the last preceding meeting of the Board, and every alteration shall be approved of by a majority of the Trustees present at such meeting.

BY-LAWS.

WHEREAS, the Board of Trustees of the Toronto Orthopedic Hospital deem it expedient that certain by-laws regulating the affairs of the Hospital should be made;

NOW THEREFORE be it enacted, and it is hereby enacted that

1. The Annual Meeting of the Board of Trustees shall be held on the first Tuesday of November in each and every year for the election of officers for the ensuing year, but if from any cause the said Annual Meeting should not be held on the said date or called at any later date, the officers for the year past shall continue to hold office until their successors are appointed.

2. Special meetings may be convened by the Secretary at the request of the President or on the requisition of any two members of the Board, and in such case he shall notify each member of the Board in writing of the time and place of holding such meeting and of the business proposed to be transacted.

3. Questions at meetings shall be decided by a majority of members present in person, and in case the number of votes is equal the President or Chairman shall have a deciding or casting vote.

4. At meetings of the Board of Trustees the President or Vice-President shall preside, and in their absence a Chairman to be named by those present.

5. It shall be the Secretary's duty to prepare and send out notices of all regular and special meetings addressed to each member of the Board at least two days previous to

the date of meeting. He shall also keep regular Minutes of proceedings of the Board, and shall be the custodian of all records and papers of the Corporation (except those of the Treasurer), which he shall deliver when authorized so to do by a resolution of the Board, to such person or persons as may be named in the resolution, and perform such other duties as the Board may from time to time assign.

6. The Treasurer shall receive all moneys belonging to the Corporation and keep proper books of account, and shall give receipts to all persons paying him money. He shall keep a fair and regular account of receipts and expenditures, and the Treasurer's books and bank book shall always be open to the inspection of any member of the Board and to the said Board at all meetings. Prior to the said Annual Meeting he shall prepare a statement showing the receipts and expenditures during the year duly classified and audited, with a full explanation of the financial position of the Hospital, in order that the same may be submitted to the Annual Meeting The Treasurer's statement shall be audited by a Committee of the Board to be named by the President.

7. The full report of the proceedings for the previous twelve months, and an account of all receipts and expenditures and all assets and liabilities of the Hospital, and a report of the Surgical and Medical Staff shall be submitted to the Annual Meeting.

8. The Corporation shall have a Corporate Seal of such design as the Board may determine, which seal shall whenever used be authenticated by the signatures of the President or, in his absence, the Vice-President and the Secretary.

9. A bank account shall be kept in the name of the Corporation at a bank to be selected by the Board, and all cheques shall be signed by the Treasurer and countersigned by the President or, in his absence, by any member of the Board.

10. The Medical and Surgical Staff of the Hospital shall consist of such qualified Physicians and Surgeons as may be named from time to time by the Board of Trustees.